Primary care learning for non-pathway pharmacy professionals
Version 3 – August 2022

CPPE
CENTRE FOR PHARMACY POSTGRADUATE EDUCATION

The Centre for Postgraduate Pharmacy Education (CPPE) is commissioned to deliver the national *Primary care pharmacy education pathway* (PCPEP), and the previous *Clinical pharmacists in general practice education pathway* and *Medicines optimisation in care homes pathway*. These unique 15 and 18-month training pathways support pharmacy professionals to develop the confidence and competence to work in primary care.

This document highlights the CPPE learning opportunities available to all pharmacy professionals in primary care who are not eligible for one of the extended training pathways.

Contents

For those enrolled or enrolling on the *Primary care pharmacy education pathway* (PCPEP): If you are employed in a primary care network through the additional role reimbursement scheme, the *Primary care pharmacy education pathway* is mandatory (unless you are **exempt**).

Those who are eligible and waiting for enrolment to open for the next cohort can start to work through some of the pathway learning. This is available online for all pharmacy professionals, as outlined in this document. If you complete some of the learning before your cohort starts, you will not need to repeat it.

Primary care learning for non-pathway pharmacy professionals
Version 3 – August 2022

CPPE
CENTRE FOR PHARMACY
POSTGRADUATE EDUCATION

Section 1 – Online learning: independent learning

Learning	Part of PCPEP	Help to upskill to undertake SMR
Introduction to working in primary care For an introduction to working in primary care and how pharmacy professionals can work as part of the multidisciplinary health and social care team, you now have access to the *Primary care essentials* ten-unit e-course and associated **assessment**.	Yes – **Module 1** – you can work through these resources before starting the pathway. If the course is not completed before starting the pathway, it can be rejoined once enrolled.	Yes – this course will help you to understand more about working as part of the multidisciplinary and wider healthcare team.
Structured medication review (SMR) The *Structured medication review* e-course will develop your clinical knowledge and confidence to perform SMRs.	**Not available to CPGP, MOCH or PCPEP** Integrated throughout the pathway so please **do not sign up for this** if you are enrolled or soon to enrol on PCPEP.	Yes – this learning will help you to develop clinical knowledge and skills to undertake SMRs.
Care homes online learning There is a wealth of resources on our **Care homes** learning gateway, including our *Care homes: supporting people, optimising medicines* e-learning and the associated **assessment**. **COVID-19** – CPPE has developed a *COVID-19* learning gateway and **learning and resource hub**, which has useful resources for those working in primary care and care homes.	Yes – **Module 1** – you can work through these programmes and assessments before you start the pathway. Other care homes learning is integrated throughout the pathway.	Yes – this learning provides advice on opportunities to optimise medicines for care homes residents, which is part of **Enhancing Health in Care Homes (EHCH)**.
Mental health **e-course** The *Mental health* e-course will equip you with the knowledge and skills to support people with mental health problems who you encounter in your practice. Completing this course will help you to feel more confident in providing advice to people with mental health problems, and to deliver a high-quality service.	Yes – mental health is covered in **Module 2** and **Module 5** – but the e-course builds on pathway learning so it is relevant for those who want to learn more after completing the pathway.	Yes – this learning will help you to develop clinical knowledge to undertake SMRs in people with mental health problems.

Learning	Part of PCPEP	Help to upskill to undertake SMR
Clinical records A crucial part of the SMR process is to communicate effectively in a patient's clinical records, so we have developed the ***Documenting in patient clinical records*** e-learning.	Yes – **Module 5** – you can work through this learning before you start the pathway.	
Other patient safety learning recently released: • *Patient safety toolkit* e-learning • *Patient safety toolkit* e-assessment	Yes – **Module 5** – you can work through this learning before you start the pathway.	Yes – this learning will help you to identify patients most at risk.
Consultation skills CPPE has worked with Health Education England (HEE) to develop the **consultation skills for pharmacy practice standards**, recognising that effective consultation skills are vital in delivering patient care. You should prioritise working through the ***Consultation skills for pharmacy practice: taking a patient-centred approach*** distance-learning package, and complete the ***Consultation skills for pharmacy practice*** e-assessment, if you haven't already. To support you to further develop your consultation skills, we have the follow e-learning programmes: • *Consulting with people living with dementia* • *Consulting with people with mental health problems* • *Anticoagulation: what a good consultation looks like* • *Clinical history-taking: what a good consultation looks like* • *Remote consultations skills* (released September 2020)	Yes – the e-assessment is part of **Module 1** – you can complete this before you start the pathway. There is also other learning in the pathway on consultations skills and shared decision making (see Section 2).	Yes – understanding consultation models and having effective skills are vital to delivering effective person-centred care.

Primary care learning for non-pathway pharmacy professionals
Version 3 – August 2022

Learning	Part of PCPEP	Help to upskill to undertake SMR
Supporting others When working in primary care, you may identify staff training needs. To support pharmacy professionals to develop others, we have created an e-course titled *Helping others learn*.	Yes – **Module 5**.	Yes – this learning can be used to develop your skills to train others to participate in the SMR process.
Clinical learning – 1 We have a wide range of clinical topics covered on our clinical learning gateway pages, such as anticoagulation, diabetes, respiratory and palliative care. These can be accessed from the CPPE homepage under the *Clinical pharmacy* tab. The following distance-learning packages provide comprehensive learning on broader topics: • *Polypharmacy* • *Older people* • *Learning disabilities* **CPPE Optimise programmes** (designed for secondary care) cover topics that would also be useful for pharmacy professionals working in primary care and care homes. Available topics are: • biosimilars • health inequalities • sepsis.	Much of this learning is integrated into the pathway. There is no need to complete this before you start.	Yes – this learning will help you to develop clinical knowledge to undertake effective SMRs.

Primary care learning for non-pathway pharmacy professionals
Version 3 – August 2022

CPPE
CENTRE FOR PHARMACY POSTGRADUATE EDUCATION

Learning	Part of PCPEP	Help to upskill to undertake SMR
Clinical learning – 2		
We have also developed a range of clinical learning for the primary care pathways and primary care environment. These are in the form of factsheets for clinical conditions commonly seen in the care home environment. The factsheets are available **here** and listed below.	**Module 2** – these factsheets are all part of Module 2, but you can look at them beforehand.	Yes – this resource will help to develop clinical knowledge to undertake effective SMRs.
Acute kidney injury *Anaemia* *Anxiety disorders and depression in older people* *Aphasia* *Asthma in adults* *Atrial fibrillation* *Bipolar disorder* *Cancer* *Chronic kidney disease* *Chronic obstructive pulmonary disease (COPD)* *Constipation* *Coronary heart disease* *Dementia* *Dyspepsia* *Dysphagia* *End of life care*	*Healthcare-associated infections* *Heart failure* *Hypertension* *Learning disabilities* *Osteoporosis* *Pain* *Parkinson's disease* *Pneumonia* *Pulmonary embolism* *Sepsis* *Stroke* *Thyroid dysfunction* *Type 2 diabetes* *Urinary tract infection in adults* *Wound management*	

Primary care learning for non-pathway pharmacy professionals
Version 3 – August 2022

CPPE
CENTRE FOR PHARMACY POSTGRADUATE EDUCATION

Section 2 – Online learning: learning with others

Learning	Part of PCPEP	Help to upskill to undertake SMR
New programme – Shared decision making Shared decision making and personalised care are core elements of the NHS Long Term Plan. Shared decision making is linked to improved outcomes for patients and puts patients at the centre of their own care, making them experts in their own healthcare decisions. The **programme** is delivered online and consists of an e-course, which must be completed prior to booking and attending two full-day online workshops.	Yes – **Module 5** – but you could work through this learning before you start the pathway.	Yes – this programme will help you to develop and enhance your skills so that shared decision making is embedded in your SMRs. Please see the new **NICE guidance** on shared decision making. The CPPE programme builds on the short **National Institute for Health and Care Excellence (NICE) online learning package**.
Online workshops We have the following online workshops that support learning for those working in primary care. Please check the CPPE website for current availability: • *Emergency contraception* • *Deprescribing* • *The Mental Capacity Act 2005 and covert administration of medicine* • *Chronic obstructive pulmonary disease* • *Falls prevention* • *Fundamentals of respiratory therapeutics* • *Medicines optimisation in care homes essential skills* • *Supporting patients living with dementia* • *Mental health and wellbeing in primary care* • *Neurology and dementia in primary care* • *Substance use and misuse*	*Medicines optimisation in care homes essential skills* is integral to the pathway. *Neurology and dementia in primary care* and *Mental health and wellbeing in primary care* are part of Module 5.	Please explore the **CPPE website** for further details on these online workshops.

www.cppe.ac.uk

Section 3 – Leadership and management training

Learning	Part of PCPEP	Help to upskill to undertake SMR
Leading for change The CPPE *Leading for change* programme consists of four online modules. It is open to mid to senior-grade pharmacy professionals who work in primary or secondary care, the health and justice services or the armed forces, and have completed their foundation level practice and are working at, or towards, advanced level practice. There will be two cohorts of the programme starting in September 2021, each with 40 learners. Full details can be found **here**. **NHS Leadership Academy courses** There is a variety of these courses available depending on your role in your NHS organisation.	Yes – **Module 4** is an introduction to leadership and management, and is based on the material used in the *Leading for change* programme.	Yes – this learning will develop and enhance your leadership and management skills to develop your role as a pharmacy professional in a patient-facing role, including SMRs.

Section 4 – Primary care key resources and documents

- **Royal Pharmaceutical Society (RPS) guide to working in GP practices**
- **NHS England** *Network Contract Directed Enhanced Service (DES) contract specification 2020/21 – primary care network entitlements and requirements*
- **NHS England** *Network Contract Directed Enhanced Service: contract specification 2020/21 – PCN requirements and entitlements*
- **Investment and Impact Fund**

Section 5 – Care homes key documents

- **NICE Social care guideline [SC1]:** *Managing medicines in care homes*
- **NICE Quality standard [QS85]:** *Medicines management in care homes*
- **NICE Quality standard [QS151]:** *Oral health in care homes*
- **NHS England and NHS Improvement** *The framework for enhanced health in care homes*
- **RPS** *The right medicine: improving care in care homes*
- **RPS** *Working in care homes – a guide*
- **Care Quality Commission (CQC)** *Medicines information for adult social care services*
- **British Geriatrics Society CGA (comprehensive geriatric assessment)**
- **Department of Health (DOH)** *Administration of medicines in care homes (with nursing) for older people by care assistants*
- **Care homes' use of medicines study (CHUMS)**

Section 6 – Care homes websites

- **Social Care Institute for Excellence (SCIE)**
- **PrescQIPP care homes resources**
- **SPS care homes resources hub**
- **Oxford AHSN:** *Good hydration! – Improving hydration for care home residents*
- **The Patient's Association care home charter**

Section 7 – Primary care structured medication review (SMR) tools

As mentioned in the independent learning section, the **Structured medication review** e-course will help develop clinical knowledge and confidence to perform SMRs. Other useful tools include:

- **STOPP/START** (Appendix 5)
- **NO TEARS**
- **STOPIT tool**
- **STOPPFrail screening tool for older people**
- **NHS Scotland Polypharmacy online tool or mobile device app**
- *Polypharmacy guidance – realistic prescribing (3rd edition, 2018)*
- **MUST tool**
- *The hydrate toolkit*

Document date: 29/04/2021
Version number: 3
Latest review: 18/8/2022   **Next review due:** 18/8/2023