**Mersey Region Group for Health Training**

**“MENOPAUSE MATTERS”**

**Thursday, 7th October 2021 – Park Royal Hotel, Warrington, Cheshire**

**P R O G R A M M E**

**8.45a.m. Registration & coffee on arrival**

9.20a.m **Welcome & introduction by Chairperson**

***Dr. Susan Walsh***

 ***Associate Specialist in Contraception & Sexual Health East Cheshire***

 ***& Chair – Mersey Region Group for Health Training***

9.30a.m  **Menopause, Hormones and The Heart**

 ***Dr. John Stevenson***

 ***Consultant Physician and Reader National Heart & Lung Institute – Imperial College, London***

10.30am **HRT Shortage – Quick Switch Hints - Cases *Dr. Jane Wilkinson GP Champion with a special interest in Women’s health Wirral***

**11.30a.m. - COFFEE BREAK** -

12.00p.m **The Truth about The Menopause**

**- night sweats**

**- sleep deprivation**

**- brain fog and memory**

**- anxiety and lack of confidence**

**- weight gain**

 ***Dr Joanne Hobson***

***Menopause Specialist***

***Nottingham***

**1.00pm - LUNCH -**

2.15pm. **Bone Health and The Menopause**

 **Dr. Joanne Hobson**

3.00pm **Hair Loss in The Older Woman**

***Dr. Matthew Harries***

***Consultant Dermatologist & Senior Honorary Lecturer***

***Salford Royal NHS Trust***

**4.00pm END OF CONFERENCE**

**The content of this programme has been assessed by the Medical Course Organiser as appropriate for 5 hours Faculty of Sexual & Reproductive Healthcare CPD recertification**

**Who should attend?**

**This conference is suitable for all health professionals working in primary and secondary care who have an interest in women’s health**

**Delegates will receive their certificates of attendance by email after the conference**

**Extracts from previous conference evaluations:-**

* ***Absolutely amazing what an inspiration, turned negative into positive***
* ***Raw***
* ***Brilliant, made me want to cry about my own experience as similar but different as younger and menopause not diagnosed***
* ***Really good insight into this interesting area***
* ***Enthusiastic, dynamic***
* ***Very informative, targeted at everyone, not just GPs***
* ***Excellent, thought provoking and great links to websites & support***
* ***10 out of 10***
* ***Thought provoking regarding mental health issues of menopause***
* ***Just brilliant!***
* ***Fantastic talk, reinforcing importance of psychological issues, this will be taken back into practice***
* ***Fabulous! Fantastic study day one of the best I’ve attended in 28 years of nursing!***
* ***Found the whole content very informative. I work as a counsellor in NHS for staff so lots of prescribing info not relevant to me but I will direct women to GPs and maybe take some info with them. Thanks for a great day***
* ***Well organised with interesting speakers and topics***
* ***Fabulous as always***
* ***Brilliant day with excellent speakers as always. Thank you so much for all the years of providing these days, I shall miss them when I fully retire next year***
* ***Very interesting, great day. Thank you!***
* ***Someone called these meetings quite correctly: CARMEL’s DAYS! Totally agree, looking forward for more!!! Thank you Carmel for another fantastic day***

**VENUE INFORMATION:-**

**The Park Royal Hotel, Stretton Road, Warrington, Cheshire WA4 4NS
Tel: 01925 730706 Large on-site car park**

**From the M56, take Junction 10 onto the A49 towards Warrington. At the first set of lights, turn right into Stretton Road.  After 200 yards, turn right into Spark Hall Close. The hotel is 50 yards along on the left hand side.**

**MOTORWAY LINKS:-**

**M56 - 2 minutes M6 - 4 minutes M62 - 10 minutes**

**NEAREST TRAIN STATIONS:-**

**Warrington Central train station - (3 miles)**

**Warrington Bank Quay train station - (3 miles)**

Mersey Region Group for Health Training

**MENOPAUSE MATTERS**

**Thursday, 7th October 2021 – Park Royal Hotel, Warrington, Cheshire**

**REGISTRATION SLIP**

**Please complete and return to:**

**Carmel Farrell, Mersey Region Group for Health Training,**

**1st Floor, Liverpool Women’s Hospital, Research Building, Crown Street, Liverpool L8 7SS**

**Carmel.farrell@lwh.nhs.uk** **0151 795 6214**

**Closing Date: 7 September 2021 – there will be no refunds after this date**

**Dr  Nurse  (Please tick) Surname:**

**Forenames**

**Work name & address:**

**Post code:**

**Mobile/work tel. no**

**Email address:**

**Dietary requirements: Vegetarian**   **Vegan**    **Gluten free** 

**Other**

**PAYMENT DETAILS:-**

**Please send me an invoice for £175 Purchase Order No.**

**Full Invoice address**

**Tel. No**

**Registration fee: £175.00**

**INVOICES CANNOT BE RAISED WITHOUT A PURCHASE ORDER NO.**

**I have paid by BACS**  **Date paid**

**BACS Details:- \*Account Name**

**Mersey Region Group for Sexual & Reproductive Health Training**

**Account: 60459100**

**Sort Code: 20 50 82**